

Love food? Fight hunger with FareShare

FareShare is an award-winning charity that **fight**s hunger and food waste in the UK. Established in 1994, we rescue good quality surplus food and get it to community projects that support disadvantaged people. Like you, we believe that good food is essential for a happy, healthy life and we **feed 35,500 people every day**.

The issues we tackle

- **4 million people** in the UK live in **food poverty**
- Food manufacturing creates **3 million tonnes** of food waste a year

How it works

- FareShare runs a network of **17 food depots**
- We supply good food to **700 grassroots charities**
- We serve homeless people; children & families on low incomes

Our biggest achievements

- FareShare rescued **3,600 tonnes** of quality food last year
- Delivered food for **8.6 million meals**
- Fed **35,500 people** a day and
- Trained **200 people**, helping them make a fresh start



*"We have a very limited budget but **we are feeding 100% more people** thanks to FareShare"*



Where's your next meal coming from?

Struggling to answer this question is a stark reality for 4 million people in the UK who don't have enough money to buy food on a regular basis, which is an outrage. But it doesn't have to be like this. FareShare's practical approach makes a real difference and we need you to **get involved to help stamp out hunger in the UK**. Recent cuts and rising food prices have put even greater pressure on the grassroots organisations we support, which is why **your support matters right now**.

How to help

Here are 3 quick ways you can get involved with FareShare to fight hunger and food waste. Come and talk to us today at **stand 116** to find out more!

- 1) **Donate your surplus to FareShare!** *Your products can help fight hunger*
- 2) **Run an on-pack promotion!** *link with Britain's most admired food charity*
- 3) **Fundraise!** *£10 is enough to help FareShare provide food for 40 meals*

Contact us

To find out more about working with FareShare, please talk to us today or contact the FareShare Team on 020 7394 2468 enquiries@fareshare.org.uk

www.fareshare.org.uk



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*"FareShare food ensures that our **children have access to a hot meal** and allows us to offer more disadvantaged children places"*